

# Sound of Zen

## Japanese Bamboo Flute

Wearing the Basket Hat and Robes of the Monks of Empty Nothingness, **Ryan Sullivan** transports listeners to the age of Komuso. The traditional Zen songs of Priests and Samurai are Sound Meditations like no other. History and Philosophy will also be discussed along side personal stories from the journey of Shakuhachi.

**Friday, November 3rd:**  
7:00 - 8:30 pm

**Event Info:**  
[www.HigherLevelHealing.com](http://www.HigherLevelHealing.com)



**Abundance  
Wellness Center**  
325 John Knox Rd.  
Tallahassee, FL 32303

**Tickets:**  
\$20 advance  
\$25 at Door

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